

WISH | WOMEN INVESTING IN SCIENCE & HEALTH *at Banner Health*



WOMEN'S HEALTH & WELLNESS *Retreat*

SUNDAY, OCTOBER 5, 2025

Expert Speakers | Wellness Learning
Sessions | Superfood Brunch

10 a.m. – 2:30 p.m. | Banner Sports
Medicine Scottsdale

Purchase tickets and sponsorships:
give.bannerhealth.com/WISHRetreat

Presenting
Sponsor:



Sonora Quest
Laboratories™

A Subsidiary of Laboratory Sciences of Arizona

SPONSORSHIP OPPORTUNITIES



THE RETREAT

TAKE YOUR SELF-CARE GAME TO THE NEXT LEVEL – WELLNESS CARE – AT THE 4TH ANNUAL WOMEN'S HEALTH & WELLNESS RETREAT

Embracing the idea of *health* care and not *sick* care, through mind, body and spirit, we welcome you to the 2025 WISH Women's Health & Wellness Retreat. Join likeminded individuals, peers and potential new friends for educational presentations by a curated slate of expert physicians and clinicians from Banner Health, tapping into topics that are on the minds of women right now, including:

- Healthy Aging and Longevity by our keynote speaker, Janna Assar, MD, Banner Health Executive Health and Wellness physician
- Pediatric Essentials by R. Chawla, MD, Pediatric Intensivist, Banner Children's at Thunderbird
- Feed your Brain, Gut and Bones through Nutrition by Jacquelin D. Fryer, RD, CSCS, RYT, Sports Nutritionist, Banner Sports Medicine
- Women's Hormonal Health by Shaida Molloy, MD, Women's Health, Gynecology, Banner – University Medicine Women's Institute

We invite you to engage with others, embrace new experiences, and step outside your comfort zone with wellness activities including sound bowl healing, chair massages, meditation, and women's safety and self-defense workshops.



All money raised from the WISH Women's Health and Wellness Retreat will be invested into Banner Health programs supporting women and their families.

About WISH

MISSION

WISH, in collaboration with Banner Health, provides education and philanthropic support focusing on women's and families' health and wellness.

VISION

WISH is a highly regarded organization of women leaders in Arizona that promotes and supports women's and family health by offering evidence-based research, trusted resources and leading-edge educational opportunities.

WHAT WISH SUPPORTS

Annually, WISH members pool their gifts and together decide how to best invest their funds in Banner Health programs important to women and their families.

IMPACT

Each year members vote to fund one or more innovative and leading-edge programs that directly impact women and their families within our community.





WHO WE ARE

Women Investing in Science & Health, known as WISH, is a membership-based philanthropic affinity group that supports, enhances and advances science and health care delivery. In partnership with Banner Health, we offer trusted evidence-based education and leading-edge information to women who are looking to provide quality health care options for themselves, their families and their networks. All WISH membership gifts are pooled together and reinvested to advance medicine in Arizona. To date, over \$1.4 million has been invested.



2025 RETREAT PLANNING COMMITTEE

Phyllis Kirk – Co Chair
Stephanie Goodman – Co Chair
Janna Assar, MD
Kathleen Fraser

WISH ADVISORY BOARD

Alison Lewis, Board Chair
Alisa Timm, Treasurer/Marketing Chair
Debbie Lentsch, Secretary
Janna Assar, MD, Programming and Retreat Chair
Phyllis Kirk, Programing Chair
Kathy Wills, Membership Chair
Judi Goldfader, Nominating Chair
Suzanne Hensing, Past Chair,
Allocation and Neuroscholar Chair
Stephanie Goodman, Retreat Chair
Kathleen Graham, Allocation Chair
Linda Mueller, Member Study Chair
Rebecca Ailes-Fine, Emeritus
Julie Lavidge, Emeritus
Oonagh Boppart, Emeritus (deceased)

ABOUT BANNER HEALTH FOUNDATION

Established in 2001, Banner Health Foundation's mission is to advance philanthropic investment to support Banner Health in caring for our community. Banner Health's nonprofit mission to make health care easier so life can be better is made possible by the unwavering support and commitment of our employees, physician partners, thousands of volunteers and many valued donors who so generously give of their time, talent and treasure. Contributions are invested locally to support patient care programs and services operated by Banner's many hospitals and health care facilities across Arizona.



2025 SPONSORSHIP OPPORTUNITIES

PRESENTING SPONSOR..... \$10,000

SOLD

- Eight (8) tickets to the retreat
- Four (4) representatives at Meet & Greet* with keynote speaker immediately following the retreat
- Special Recognition during program
- Name/logo on cover of event program, printed materials and digital marketing
- One annual WISH membership for 2025/2026
- Two (2) tickets to WISH Lunch & Learn events in 2025/2026

PLATINUM SPONSOR.....\$7,500

- Six (6) tickets to the retreat
- Three (3) representatives at Meet & Greet with keynote speaker immediately following the retreat
- Name/logo on event welcome signage
- Logo recognition in event program
- Two (2) tickets to one (1) WISH Lunch and Learn event in 2025/2026

GOLD SPONSOR.....\$5,000

- Four (4) tickets to the retreat
- Two (2) representatives at Meet & Greet with keynote speaker immediately following the retreat
- Name /logo on event welcome signage
- Logo recognition in event program

SILVER SPONSOR\$3,000

- Two (2) tickets to the retreat
- Name recognition in event program

FRIEND OF WISH \$1,000

- One (1) ticket to the retreat
- Name recognition in event program

HEALTH & WELLNESS EXHIBIT TABLE..\$250

- Promotional table in exhibit area
- Name recognition in event program

**Meet & Greet will be a moderated half hour session with Keynote Speaker, Janna Assar, MD: Banner Executive Health and Wellness Primary Care Physician.*

**For sponsorship questions, contact
Christine.Stoffle@bannerhealth.com**

EVENT TICKETS

\$150 for WISH Members | \$200 for Non-WISH Members

EARLY BIRD DISCOUNT: \$25 OFF BEFORE JULY 15

